Once upon a time, a curious person asked a farmer, "Have you planted wheat this season?"

The farmer replied, "No, I was afraid that there would be no rain."

The inquisitive person then inquired, "Did you plant cotton instead?"

The farmer shook his head and said, "No, I feared that the insects would devour the cotton."

The person persisted, "So, what did you plant?"

The farmer sighed and answered, "I planted nothing. I wanted to ensure safety."

Too much worry and overthinking often lead to inaction and ultimately nothing accomplished. It's better to let go of one's fears and take bold steps to try new things. After all, only by venturing into the unknown can one truly discover the wonders that await.

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